

TRUTH VS. DENIAL*



<u>TRUTH</u>	<u>DENIAL</u>
Sets us Free	Keeps us in Bondage
Leads to Life	Leads to Death
Brings Honor & Approval	Brings Guilt & Shame
Accepts Full Responsibility for Actions – Leads to Confession & Repentance	<p>Accepts No Responsibility: Knowingly, Willingly, Intentionally, & Rebelliously Lives in Sin with No Remorse & No Desire to Change.</p> <ul style="list-style-type: none"> • Blames Others: "It's not my fault! If you would have sex with me more often, I wouldn't have to look at porn." • Rationalizes Sin: "Everyone else is doing it, why can't I?" • Minimizes Sin: "I don't do it that much." • Justifies Sin: "I deserve to have this as a reward for all my hard work." • Compares Self to Others: "I am not as bad as the neighbor next door." • Falsely Complies: "I will agree to do what you want me to do so you will be quiet and leave me alone, but secretly, I really have no intention of quitting."
Loves God, Self, & Others	Hates God, Self, & Others
Lives a Life of Honesty, Integrity, & Transparency	Lives in Secrecy & Lies
Leads to Physical, Spiritual, Emotional, & Mental Health & Well-Being	Prolongs Physical, Spiritual, Emotional, & Mental Sickness
Brings Peace & Security	Brings Stress & Trouble – Lives in Constant Fear of Exposure
Lives in the Light	Lives in the Darkness
Lives in Relationship with God	Leads to Separation from God
Has Healthy Relationships with Others	Lives in Isolation

* Chart based on John 3:19-21; 8:31-32; James 5:13-16; 1 John 1:6-10.