

PRAYERS FOR FREEDOM IN CHRIST*

Instructions: The prayers listed below are not magic words that we speak, and all our problems are solved. We must remember that at the root of every addictive, compulsive, and dysfunctional behavior is an absent relationship with God through His Son Jesus Christ. Therefore, any prayer that does not come from the heart is no prayer at all. God knows our heart, and when we ask for forgiveness for our sins, truly repent from our hearts, and receive Christ as Lord and Savior, and pray from our hearts, then and only then, will God hear and answer our prayers. God sent His Son Jesus Christ to save us from the bondage of sin and death so that we would not have to live in bondage to our sins. So, if you want to be free, then the Son has indeed set you free.

PRAYER TO RECEIVE JESUS CHRIST AS YOUR LORD & SAVIOR

Lord Jesus, I ask You to forgive my sins and save me from eternal separation from God. By faith, I accept Your work and death on the cross as full payment for my sins. Thank You for providing the way for me to know You and to have a relationship with my heavenly Father. Through faith in You, I have eternal life. Thank You also for hearing my prayers and loving me unconditionally. Please give me the strength, wisdom, and determination to walk in the center of Your will. In Jesus' name, amen.

PRAYER FOR FREEDOM FROM PAST SEXUAL SINS & RELATIONSHIPS

1. Adultery, Fornication, & Homosexuality

Father God, I ask you to bring to my attention every sinful sexual use of my body, so I can reject and abandon these sins right now.

Lord I renounce and ask for Your forgiveness for the sin of (name of specific use of your body) with (name of person involved – please name the person silently, NOT aloud). I ask You to break that sinful bond with (name of person).

Lord I reject and abandon all these sinful uses of my body, and I admit to any willful participation. Show me any item from a wrong relationship that I need to get rid of (pictures, clothing, jewelry, letters, etc.), and I will do it. I now present myself to You physically, spiritually, emotionally, and mentally, and I present myself to You as holy and acceptable. I choose to reserve the sexual use of my body for marriage only. I reject the devil's lie that my body is not clean because of my past sexual sins.

Thank you Lord that You have totally cleansed me and forgiven me. Your love for me is unconditional, and You accept me just as I am. Therefore, I love and accept myself, and my body is clean in Your eyes. I pray this in the name of Your precious son Jesus Christ. Amen.

* Neil T. Anderson. *The Bondage Breaker*. Harvest House Publishers. Eugene, OR. 2000. (Pgs. 235-237); Eddie & Alice Smith. *Spiritual Housecleaning: Protect Your Home & Family from Spiritual Pollution*. Chosen Books. Mpls., MN. 2015. (Pgs. 98-100). (Only some of the ideas were derived from these sources).

2. Masturbation, Sexual Fantasy & Internet Pornography

Father God, I ask for Your forgiveness for the sinful use of my body through masturbation, sexual fantasy, and viewing pornography. I repent of these sins, and I now offer my body as a living sacrifice, holy and pleasing to You. Please guide, guard, and direct my eyes, heart, and mind so that in all things I may bring glory, honor, and praise to Your holy name. Help to discard all impure thoughts that enter my mind, and to take captive every thought that sets itself up against the knowledge of God, and help to think about those things are true, noble, right, pure, lovely, and whatever is admirable – if anything is excellent or praiseworthy – to think about such things. I ask and pray this in Jesus name. Amen.

3. Incest, Molestation, Abuse, & Rape

For those of us who are victims of incest, molestation, abuse, and rape, it is important that we recognize that we are victims, and not willing participants in these sins, but that these things were forced on us against our will. Therefore, we are innocent and have no responsibility in this sin. However, we must pray for the spiritual bond to be broken with the person or persons who violated us. Please pray the following prayer:

Father God, I renounce (name the specific use of your body) with (name the person) and ask You to break that bond. Lord, I renounce all these uses of my body as an instrument of unrighteousness and by so doing ask You to break all bondages Satan has brought into my life through that involvement. I now present my body to You as a living sacrifice, holy and acceptable unto You, and I reserve the sexual use of my body for marriage. I renounce the lie that my body is not clean, that it is dirty or in any way unacceptable because of past sexual sins committed against my will. Lord, I thank You that You have totally cleansed me, and that You love me unconditionally. Therefore, I choose to accept myself and my body as cleansed. In Jesus name I pray. Amen.

PRAYER FOR SPIRITUALLY CLEAN HOUSE

See the Spiritual Housecleaning Checklist for a checklist on cleaning the home, apartment, and hotel rooms of all impurities. We must rid ourselves of the things that the demonic forces of evil attach themselves to if we are going to experience freedom from the bondage of sexual sin. Once this has been done, then pray the following prayer to dedicate every room in the home to the Lord and that He may fill it with His presence:

Heavenly Father, thank you for giving me this place to live. You are sovereign and Almighty – the entire world and everything in it belongs to You and You alone. I claim my home as a place for spiritual safety for me and my family, and ask for Your protection from all the attacks of the enemy. As a child of God, raised up and seated with Christ in the heavenly places, I command every evil spirit claiming ground in this place, based on the activities of the past or present occupants, including me, to leave and never return. I renounce all curses and spells directed against this place. I ask You, heavenly Father, to post Your holy, warring angels around this place to guard it from all attempts of the enemy to enter and disturb Your purposes for me and my family. I thank You, Lord, for doing this in the name of Your Son Jesus Christ. Amen.

PRAYER FOR PROTECTION OF MARRIAGE & FAMILY

1. Protection of Marriage

Father God, thank You for my wife, and for giving her to me to be my companion for life. Lord, please surround our marriage with Your warring angels and protect us from the spiritual forces of evil that seek to bring about division and the destruction of our marriage. Help us to daily remember our wedding vows to one another and to You, for in Your

presence we declared to love and honor one another unconditionally for better or worse, for richer or poorer, in sickness and health, forsaking all others, and to be faithful till death do us part.

Father God, help us to resolve our conflicts with the help of Your counsel. Help us be honest and transparent with one another, and admit to our faults when You bring them to our attention. May we reconcile with one another, resolve to never let the sun go down on our anger, and forgive one another just as in Christ Jesus You forgave us. We ask and pray this in the name of Your Precious Son Jesus Christ. Amen.

2. Protection of Family

Father God, thank you for our children as they are a blessing from you through Your Son Jesus Christ. Father God, please give us the wisdom, knowledge, understanding, and discernment to raise our children based on Your precepts. May Your word never leave from our minds and mouths. May we talk about these things night and day so that we may be transformed by the renewing of our minds and conformed to the image of Your Son Jesus Christ. May we always clothe ourselves with the full armor of God daily, take captive every thought that sets itself up against the knowledge of God, and to resist the devil and he will flee from us. Teach us to hear Your voice, and give us the discernment to recognize Your voice that we may always walk in obedience to You. Please guide, guard, and direct our eyes, hearts, minds, and tongues that we may bring glory, honor, and praise to Your holy name in all the things we look at, do, think about, and say. We ask and pray all these things in Jesus name. Amen.