

SPIRITUAL DISCIPLINES FOR GODLINESS



Discipline	Purpose
SCRIPTURE READING	God speaks to us through His word, and gives us the guidance and direction we need to carry out His purpose in our life.
SCRIPTURE MEMORIZATION	Scripture memorization helps us to quote the proper Scripture in application to our current struggle.
SCRIPTURE MEDITATION	Scripture meditation helps us to be transformed by the renewing of our minds and conformed to the image of Christ, so that we will no longer live as the world lives.
PRAYER	Prayer is our direct communication with God. God answers any prayer that is in accordance with His will. Prayer moves the hand of God! We pray for ourselves, others, and all situations and circumstances.
CONFESSION	Confession leads to forgiveness when we confess our sins to God, and confession leads to healing when we confess our sins to one another and pray for one another, so we may be healed. Furthermore, confession weakens the power sin may have over us.
JOURNALING	When we journal, we are recording the things we learn from Scriptures, prayer, & solitude. It is used as a reference to look at, so we can see what God is doing in our lives and what He is yet to do.
SILENCE & SOLITUDE	Silence & Solitude is spending time with God to hear His voice.
WORSHIP	We worship God with all our heart, mind, soul, & strength. We worship God with our time, talent, treasure, and touch; and we worship Him in song. We also worship God when we practice the spiritual disciplines.
SERVING	We love God & serve God by loving & serving others. We can overcome our trials, troubles, & temptations when we take our minds off ourselves & focus on others.