

# SPIRITUAL HOUSECLEANING CHECKLIST

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1. Clean your house, car, business, or any other place you work or occupy and get rid of all pornographic material: magazines, movies, books, CD's, DVD's, favorite websites, etc. Do not throw away perishable items in the trash – they may be picked up by someone else causing them to fall into sin. They are to be destroyed or burned.
  - a) If you have committed the sin of adultery on your spouse, the relationship with the person with whom you have cheated with must end at once.
  - b) You must get rid of all clothing, gifts, pictures, secret e-mail accounts, associated with the person with whom you have cheated.
  - c) If you have committed the sin of fornication, homosexuality, or other sexual sins, you must end these relationships.
  - d) You must clean your computer hard drive, and download software to protect yourself and your family from unwanted exposure to pornography. (I suggest Covenant Eyes).
  - e) When watching movies, use VidAngel software to filter out unwanted language, sex, and violent content.
2. Pray to God and ask for the forgiveness of your sins, and the sins of your ancestors as sin is passed on from one generation to the next.
3. Pray to receive Jesus Christ as the Lord, Master, and Savior of your life (see the prayers in the Prayers for Freedom in Christ appendix resource).
4. Pray for protection for yourself, your spouse, your family.
5. You must pray over every room in your home and expel all demonic forces of evil in Jesus name that have attached themselves to all the items mentioned above.

Every room must be dedicated to Christ in prayer, and kept pure.

6. You must get an accountability partner and meet on a regular basis.

Your accountability partner is only as good as you allow them to be. If you lie to your accountability partner, the only person who gets hurt is you. Be honest and tell the truth about your thoughts, feelings, and actions.