

Foreword by Josh McDowell

We presently live in a culture that promotes sexual promiscuity and pornography as basic human rights. But these are not God's design and purpose for human sexuality in accordance with His word, will, and ways. My wife Dottie and I have reached out to the youth of America and their parents as to how they can comfortably discuss sex and relationships in a healthy and trusting environment. However, this is not the norm in our society today as many troubled children and "adult children" of dysfunctional families are struggling to find their identity in a sex-saturated society.

Sadly, we live in a world where addictions to sex and pornography are epidemic to say the least, and it has claimed many victims that dare venture down its path. It does not discriminate against age, race, gender, religion, social or economic status. It knows no boundaries as it has taken captive many victims: men, women, and children, and it is a large contributor to human sex-trafficking. It has left much destruction in its wake: Divorce, rape, physical, sexual, emotional and mental abuse, and the like.

What has led us to this sad state of affairs? There are three main reasons for this cultural catastrophe: breakdown of the family, trauma and/or a living in a sex-obsessed and media-saturated culture. All of these things have influenced and contributed to the demise of our nation and the world as a whole. Instead of seeking God, we self-medicate to kill the pain of the past through sex and pornography. Scripture says there is pleasure in sin, but only for a season (Hebrews 11:25), and God promises us that "You may be sure that your sin will find you out" (Numbers 32:23). While sexual promiscuity and pornography may promise us freedom, it instead sinks us further into the abyss. Ultimately, what is missing is a close, personal and intimate relationship with God through His Son Jesus Christ.

Wherever there are physical, emotional and mental problems, there are spiritual problems. We can overcome the difficulties of the past when we turn to Christ our Healer. But our greatest desire must be to have a relationship with Christ, because if our greatest desire is instead to simply be healed, we should not expect such healing to take place apart from God.

David takes us on a journey into our past to help us resolve our issues through the love, grace, mercy and intercession of our Lord and Savior Jesus Christ. Addictions to pornography and sex leave us living in a dark tunnel, but at the end of the tunnel is light, and God is Light. If we work our way to the Light

and pursue the Light, we will be set free from the ball and chain that keeps us in bondage to our sexually addictive, compulsive, and dysfunctional behaviors.

Difficult as the journey may be, we must remember that “Weeping may tarry for the night, but joy comes with the morning” (Psalm 30:5). Once we live a life of dependence on God instead of living independently of Him, and receive His Son as the Lord and Master of our lives, we can then begin to live life as God intended – peaceful and secure in His Son. We must always remember that God does not waste a hurt, but uses our hurts to help others: “Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ” (2 Corinthians 1:3-5). May God richly bless you as you embark on this healing journey with David, and learn how he experienced victory in Christ over the issues of the past leading to his addiction to pornography.

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